

# FACILITATOR GUIDE

# WEEK 1



# Preparation

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## WEEK ONE OBJECTIVE:

Cast vision for the next ten weeks. Create a warm and inviting atmosphere, encourage vulnerable and honest sharing, as well as establish guidelines and expectations.



### Communicate

If you have not contacted those in your group, please reach out and introduce yourself, and encourage them about start night.



### Read

Read pages 4-24 in the workbook.



### Share

Prepare to share your 2-5 minute story either this week or next.



# Preparation Continued



## Plan

Prepare to share your 2-5 minute story (either this week or next), and plan how you will be taking notes of what each individual shares throughout the weeks.

It is important that you are taking notes each week together. During Week 10, you will want to be able to share words of affirmation with each member of your group. This is easier for you if you are keeping notes on each individual throughout the Rooted Experience, especially during their Strongholds and 5-minute testimony.



## Pray

The most important thing you can be doing as a facilitator of a group is Prayer. Spend time weekly praying over the prayer points for each week.

- Pray that everyone would attend the introductory session with no logistical issues.
- Pray everyone would come with an open heart prepared to hear God's truth and that no matter where they are on their spiritual journeys, they would make the most of this experience and deepen their friendship with Jesus.
- Pray that God would stretch and grow you throughout this experience. Ask God to meet you as you seek His guidance and direction while you lead people through this experience.



# When You Gather

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## 01 Ice Breakers

Feel free to come up with your own, but here are some suggestions: What is a nickname you have? What was your first car? First job or most interesting job? What is your favorite tv show?

## 02 Introduction Questions

Ask each individual what they hope to get out of Rooted.

## 03 Share Your Story

Share your two-five minute story (either now or next week) of how you came to Christ and how Jesus has changed you.

## 04 Commitment

Confirm that everyone understands that this is an 11-week commitment, 2 outside experiences (including the final celebration).

## 05 Schedule

Pass around a schedule for people to sign up to bring snacks and pick a week to share their story.



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# Gathering Continued

## 06 Distraction-Free

Ask group members to silence phones and refrain from texting during group time.

## 07 Communication

Determine communication preference for your group.

## 08 Covenant

Explain the Rooted Covenant (Page 11), have each person sign it, and keep it to reference throughout the 11-weeks if needed.

## 09 Weekly Rhythm

Remind everyone about the 5 days of homework for next week (pages 15-36) and hand out the memory verse cards. Also encourage them to read through Week 1 (pages 5-14.)

## 10 Prayer

Close your time with prayer for God to bless your group and time together.

